

Boone County 4-H Youth Development November Newsletter



Cooperative Extension Service
Boone County
6028 Camp Ernst Rd
P.O. Box 876
Burlington, KY 41005-0876
(859) 586-6101
boone.ext@uky.edu
boone.ca.uky.edu

2025

AGENT MESSAGE



Hello Boone County! My name is Richelle Davis, and I am excited to begin serving as a 4-H Youth Development Agent for Boone County Cooperative Extension.

Although this position is new to me, Boone County 4-H is not. I have had the pleasure of working with many of our amazing youth, volunteers, and families in my previous role, and I look forward to continuing that work. There are so many dedicated people who help make Boone County 4-H such a success, and I am truly grateful for the support, passion, and commitment each person brings. Together, we can continue to grow our programs, strengthen community connections, and create even more wonderful opportunities for youth here in our community.

MANDATORY LIVESTOCK CLUB MEETING

Anyone who wishes to participate in country hams or show livestock (any species, market and breeding) for the 2025-2026 program year **MUST** attend the mandatory meeting with a parent. Rules, code of conduct, and interest forms will be filled out and signed by youth and their parents at this meeting.



Boone County Extension Enrichment Center, Lower Level 1824 Patrick Drive, Burlington KY



Thursday, November 6, 2025 6 - 8 PM

Questions? Email Laila.El-Amin@uky.edu



CLUB NEWS

Kreative Kids Club

Kreative Kids will not be meeting in November due to the Thanksgiving Day holiday. Our next meeting will be in December.

Wednesday, December 10th: 6 - 7 PM

♥ Boone County Enrichment Center Lower level

Accepting new members - contact Sandy at bc4hkreativekids@gmail.com to be added to the mailing list.

Cat Club

The cat club has been studying feline anatomy, veterinary examinations, and how to tell if our cats are sick or well. For our November meeting, the club will continue its study of anatomy, focusing on body systems and senses.

Anyone 9 or older who loves cats is welcome to join. There is no requirement to own a cat.

Wednesday, November 12th: 5-6 PM

◆ Boone County Enrichment Center - Lower Level

Questions? Contact bc4hcatclub@gmail.com

Floral Design Club

Wednesday, November 19th: 6 - 7:30PM

- For advanced or beginner artists.
- Registration is required.
- All supplies provided.
- Boone County Enrichment Center Lower level

For additional information contact Marea West, Tel: 859-689-1584 or Email: mareawest@fuse.net

Livestock Club

Sunday, November 9th: 2 - 5 PM

Kinman Farms
 4175 Burlington Pike,
 Burlington, KY 41005

Questions? Email Laila.El-Amin@uky.edu

Cloverbuds

Cloverbud clubs are for children ages 5-8. Register by calling 859.586.6101.

- You must pre-register for each month, which opens 30 days prior to class.
- Supplies will be provided.

Lil Buds Club

Wednesday, November 19th: 5:30 - 6:30PM

Soone County Extension Florence -Project Room

Lego Club

No class in November.

Sew Unique Design Club

Get in the holiday spirit with our beginner-friendly 2-hour Quilt-as-You-Go Mug Rug class! Make a festive handmade gift or décor. No experience needed, all supplies provided. Those ages 9-11 must have an adult 19 or older stay with them in all our sewing classes, and siblings not registered for the class are not permitted to stay in class for safety reasons.

We're offering two sessions of the same activity; register for only one session:

Saturday, November 15th: 10 AM - Noon Monday, November 17th: 6-8 PM

- Register online at boone.ca.uky.edu or call 859.586-6101.

Questions?

Contact Debra Feitl at <u>b4hdesignclub@gmail.com</u>

Young Guns

Young Guns is a team of riders who perform choreographed maneuvers to music. As a member of the team, you learn leadership, respect, and perseverance.

Interested in learning more and becoming part of the team? Join us for our winter practices at Cowtown in Williamstown, KY November 23rd and January 4th. Questions? Contact Joyce Voet at 859.630.4566 or voet@peoplepc.com



Hops & Flops

Hop into the world of rabbits—no bunny required! Whether you already have a rabbit or are just curious about these furry friends, this club is the perfect place to learn and explore.

Monday, November 10th, 6:30 - 8 PM

◆ Boone County Enrichment Center - lower level

Questions? Contact Lindsay Callahan at lcallahan09@mail.wou.edu

Elite Drill Team

The Elite Drill Team is gearing up for the most original and fun drill we have ever performed! Want to be a part of it all? Our team meeting to kick off this season will be Thursday, 11/13 at the Enrichment Center (upper level) at 6 PM. Come join us to get information and see if riding your horse as part of a team is for you!

Elite riders have been busy helping to host the Meet the Mustangs educational hours and having our Halloween party on horseback.

Would you like more information about our team or the upcoming meeting? Call or text coach April at 859.250.9281



Jr. Master Naturalist

The Junior Master Naturalist (JMN) is a 4-H club for youth ages 9-14 who are interested in nature. November's meeting will be all about mammals!

Monday, November 10th: 5:30 - 7 PM

- Registration required.
- Boone County Extension Florence -Project Room

Questions? Contact

Laila El-Amin at <u>laila.el-amin@uky.edu</u> or Jasper Stevenson at <u>jasper.stevenson@uky.edu</u>

Horse Educational Hours

Horse Handling and Safety

Instructor: Ashley England-Huff

Sunday, November 16, 2025 | 1-3 p.m. Location: Little Britan - 5309 Idlewild Rd,

Burlington, KY 41005

Treats and Stockings

Instructors: Sarah Cecil and Laura Kirby

Monday, December 1, 2025 | 6-8 p.m.

Location: Boone County Enrichment Center -

Upper level

Sharpshooters

The 12/4 Sharpshooter Open House had to be cancelled. Those who register their child to join Sharpshooters by November 14 by emailing Debra with all required paperwork will get an invite shortly after New Year's for a new member orientation. There, you can meet our coaching staff and ask questions before committing to joining and paying dues.

Please email us at <u>bc4hsharpshooter@gmail.com</u> for forms and any questions.



KID APPROVED RECIPE



Homemade Applesauce to Freeze

Ingredients:

- 1 cup water
- · 4 large apples, peeled, cored, and sliced
- 1/2 cup sugar

Directions:

- 1. Add 1 cup water to apple slices, and cook over medium heat until tender.
- 2. Cool and strain, if needed. Mash.
- 3. Sweeten to taste with ½ cup sugar.
- 4. Pack into containers, leaving ½ inch-headspace for pints and one-inch headspace for quarts.
- 5. Seal, label the contents, date and freeze. Use within 8-12 months.



Nutrition Facts Per Serving: 110 calories; 0g fat; 0g saturated fat; 0g trans fat; 0mg cholesterol; 0mg sodium; 28g carbohydrate; 3g fiber; 24g sugar; 13g added sugar; 0g protein; 0% Daily Value of vitamin D; 0% Daily Value of calcium; 0% Daily Value of iron; 2% Daily Value of potassium.

Source: LEAP...for Health: University of Kentucky Cooperative Extension Service, Nutrition Education Program

Dance Fitness



Boone County Extension Florence 7111 Dixie Highway, Florence KY 41042



TUESDAYS, 6:30 - 7:30 PM

November 11, 2025 February 10, 2026 March 10, 2026 April 14, 2026

Register online at boone.ca.uky.edu

Questions? Email Laila.El-Amin@uky.edu

Get ready to move, groove, and have a blast in our Dance Fitness class!

This high-energy class is all about having fun, dancing to great music, and staying active with friends. No dance experience required, just bring your enthusiasm and get ready to enjoy the beat! Parents or adult guardians are welcome to join!

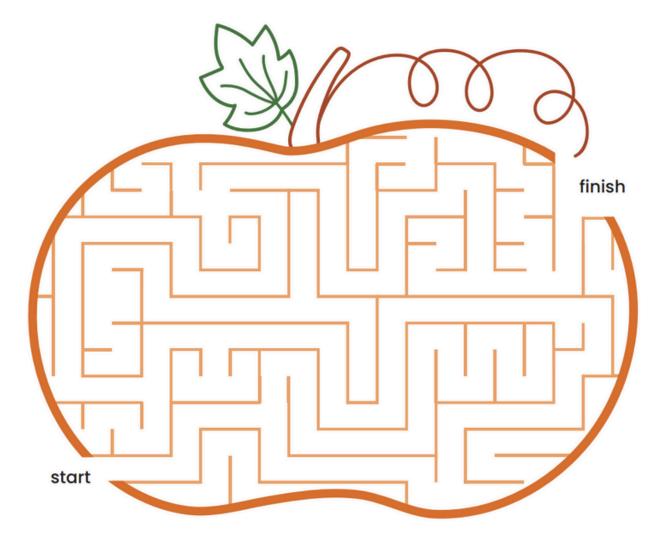


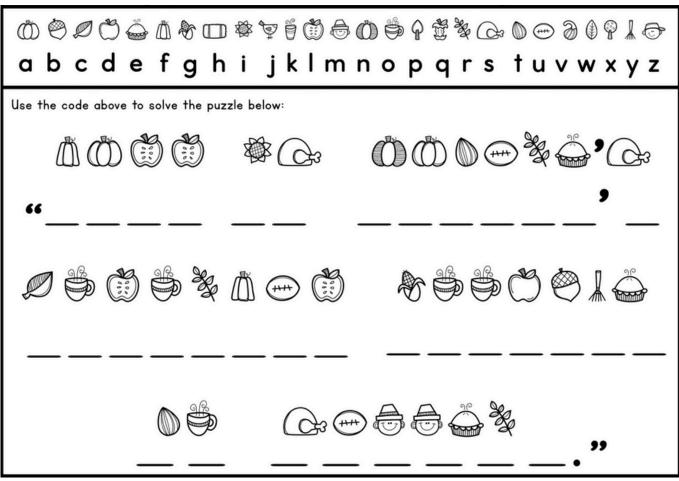
NOVEMBER WORD SEARCH

NOVEMBER
THANKSGIVING
VETERANS DAY

TURKEY RAKE CORN AUTUMN PUMPKINS CIDER CRANBERRY PILGRIMS APPLE PIE







4-H in Action!

Check out what our clubs have been up to recently.



Floral Design Club learned about and created kokedamas moss hanging pots.



Jr. Master Naturalist Club got up close to learn all about bugs!



The Livestock Judging Team were given the opportunity to speak during the Boone County Fiscal Court's monthly meeting, sharing their amazing experiences and achievements from the state 4-H Livestock Judging Competition.







The Livestock Judging
Team on hand to answer
questions during
Kelly Elementary's
Farmer Appreciation Day.



Boone County 4-H Clubs 2025-2026

These clubs make their own decisions regarding their meetings—when they meet, how often they meet, etc. Please be aware that some clubs have restrictions on the age of participants, limits on how many can participate, and when you can join the club.

Cloverbud Clubs (ages 5-8 years old)

CLUB NAME	LEADERS	CONTACT INFO:	NOTES:
Lego Club	Jessica Leitch	lego.cloverbud@gmail.com	Build fine motor skills with Legos.
Lil' Buds	Laila El-Amin & Maria Parker	laila.el-amin@uky.edu maria.parker@uky.edu	Introduction to 4-H through crafts and educational activities.

4-H Clubs (ages 9-18 years old)

Country Ham	Cathy Fellows	cathy.fellows@uky.edu	Explore processes of curing meats and build public speaking skills.
Disc Golf	Jason Brown	js.brown@uky.edu	Learn how to play disc golf.
Elite Drill Team	April Cassedy	859-250-9281	A group of riders learning to perform choreographed maneuvers to music. Must have a horse
Equus Riders	Angel DeVroomen	859-384-7165	Rides mainly hunt seat. We have a great group of horse enthusiasts & have lots of fun together! Must have a horse
Floral Design Club	Marea West	mareawest@fuse.net	Learn how to arrange flowers, how to grow your own flower garden & gain a skill for life.
Hobby Horse	Sarah Cecil	scecil4@gmail.com	Participate in Hobby Horse related crafts and practicing riding skills.
Hops & Flops Rabbit Club	Lindsay Callahan	lcallahan09@mail.wou.edu	Discover all about rabbits. No rabbit required.
Horse Sense Club	Ashley England- Huff	859-393-7501 or ashley.englandhuff@gmail.com	We will have a horse-related education topic and craf No horse required.
Jr. Master Naturalist	Laila El-Amin	laila.el-amin@uky.edu	We explore soil, birds, bugs, water, mammals, geology, wildflowers, and trees through fun activities
Kreative Kids Club	Sandy Nguyen	bc4hkreativekids@gmail.com	We explore various arts and crafts.
Let's Get Cooking	Lisa Casteel	lisa.casteel@uky.edu	Cooking, food safety, knife skills, easy meals & more
Livestock Club	Laila El-Amin	laila.el-amin@uky.edu	Teaches 4-Hers about properly exhibiting and raising various livestock species. Must have livestock
Livestock Judging	Becky Kohorst	becky.kohorst@gmail.com	Build skills to evaluate and select livestock based on breed standards and qualities.
Livestock Skillathon Team	Serenity Mackey	skearns.sk@gmail.com	Team competes to show their expertise in various aspects of livestock production and management.
Paws & Claws Cat Club	Sandy Nguyen	bc4hcatclub@gmail.com	Learn all about cats. No cat required.
Sew Unique Design Club	Debra Feitl	4hdesignclub@gmail.com	Beginner sewing and pattern making
SharpShooters	Debra Feitl	bc4hsharpshooter@gmail.com	Members can participate in Archery and/or firearms. Equipment provided. Fee for participation.
Teen Club	Cathy Fellows	cathy.fellows@uky.edu	Middle/High school aged youth learn leadership and civic engagement while having fun.
Young Guns Drill Team	Joyce Voet	859-630-4566	A group of riders performing choreographed maneuvers to music. Must have a horse

Boone County 4-H Youth Development Education Agents LAILA EL-AMIN Laila.El-Amin@uky.edu

Lexington, KY 40506

CATHY FELLOWS Cathy.Fellows@uky.edu

Richelle Davis Richelle.Davis@uky.edu

Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



