



Boone County 4-H Youth Development **October** Newsletter

UK Cooperative
Extension Service
Boone County

Cooperative Extension Service
Boone County
6028 Camp Ernst Rd
P.O. Box 876
Burlington, KY 41005-0876
(859) 586-6101
boone.ext@uky.edu
boone.ca.uky.edu

2025

Agent Message

We are thrilled to announce that a remarkable embroidered jewelry piece, created by 4-H member Rebekah L. will be showcased at the Kentucky 4-H Foundation Emerald Gala.

This beautiful piece was made in a jewelry class taught by our 4-H assistant, Richelle Davis, and stood out in the 4-H Arts and Crafts competition at the Kentucky State Fair.

We are so proud of Rebekah for her achievement! It is a true testament to her thoughtful and detailed design. What an honor to have Rebekah's piece representing Boone County at such a worthy event. The Kentucky 4-H Foundation Emerald Gala is an annual event that celebrates recognition for 4-H members as well as a fundraiser that over the last 7 years raised more than \$1 million to support Kentucky's most valuable resource for youth, 4-H Youth Development Programs.

Congrats Rebekah!!!



Meet our newest member of the Boone County 4-H team!



Hello, I am Maria Parker, and I am the new 4-H Assistant at the Boone County Extension Office.

I have lots of experience from working as a children's librarian and as a substitute teacher.

I am very excited to be a part of the 4-H team here at Boone County. In addition to doing programming in schools, I am thrilled to be working with Lil' Buds Cloverbuds and I look forward to instilling a love for gardening with the youth in other programs.

2026 4-H Enrollment now open

To continue being an active member, receive monthly newsletters, participate in 4-H events and the Boone County Fair as a 4-H member, you **MUST** re-enroll by completing the 2026 enrollment form.

For more information or to enroll, visit our website:

boone.ca.uky.edu/4h-youth-development



Sharpshooters

Sharpshooters is now accepting applications for our new 2026 shooting sports season. We train children how to safely and responsibly use archery bows, .22 caliber rifles and handguns, and 12 and 20 gauge shotguns. Our club provides all equipment and ammunition for the season for your child for one low price.

Email Debra at bc4hsharpshooter@gmail.com with any questions, find out the requirements, and get all the forms you need to fill out in order to join.

The Sharpshooters Open House will be held on December 4, 2025. Please register all family members here to attend:
boone.ca.uky.edu/events/4-h-sharpshooters-open-house.

Kreative Kids Club

Join us at our October meeting to work on Fall/Halloween themed arts and crafts!

Wednesday, October 22th: 5 - 6 PM

📍 Boone County Extension Office

Accepting new members - contact Sandy at bc4hkreativekids@gmail.com to be added to the mailing list.

Cat Club

Join us for our October meeting as we study cat anatomy and learn how to tell when our cats are not well.

Anyone 9 or older who loves cats is welcome to join. There is no requirement to own a cat.

Wednesday, October 8th: 5-6 PM

📍 Boone County Extension Office

Questions? Contact bc4hcatclub@gmail.com.

Cloverbuds

Cloverbud clubs are for children ages 5-8. Register by calling 859.586.6101 or sign up on our website.

- You must pre-register for each month, which opens 30 days prior to class.
- Supplies will be provided.

Lil Buds Club

Wednesday, October 15th: 5:30 - 6:30PM

📍 Boone County Extension Florence - Project Room

Lego Club

Friday, October 24th: 4:45 - 5:45PM

📍 Boone County Extension Office - Rouse Room

4-H Cloverbud LEGO Club will help young members build, create, and play! This club will explore fine motor skills, creativity, and teamwork through fun LEGO activities designed just for them.

Floral Design Club

Wednesday, October 15th: 6 - 7:30PM

- For advanced or beginner artists.
- Registration is required.
- All supplies provided.
- 📍 Boone County Extension Office - Rouse Room

For additional information contact Marea West, Tel: 859-689-1584 or Email: mareawest@fuse.net.

Sew Unique Design Club

Learn the basics of sewing and pattern making with a machine. No prior sewing experience needed. All supplies provided. We will be starting our Learn-to-Sew series of classes for beginner sewers ages 9-18, with our October 20th meeting.

Monday, October 20th

- 📍 Where: Boone County Extension - Ellis House
- Register online at boone.ca.uky.edu/online-registration or call 859.586-6101.
- Participants ages 9-11 must be accompanied by an adult. Siblings not enrolled cannot attend for safety reasons.

Questions?

Contact Debra Feitl at b4hdesignclub@gmail.com.

Hops & Flops

Hop into the world of rabbits—no bunny required! Whether you already have a rabbit or are just curious about these furry friends, this club is the perfect place to learn and explore. Discover fascinating facts about rabbit breeds from around the world, learn proper rabbit care, participate in fun activities and more! Join us as we explore everything rabbit-related in a fun and friendly 4-H environment!

Monday, October 13th, 6:30 - 8 PM

📍 Boone County Extension Office

Questions? Contact Lindsay Callahan at lcallahan09@mail.wou.edu

Elite Drill Team

The Elite Drill Team is enjoying the Fall weather to enjoy each other and just have fun riding together!

One of our favorite days is fast approaching, our Halloween Party is on Saturday, November 1, 2025 from 6-8 PM at Johnny Walker Stables in Burlington. We have a blast dressing up and playing games on horseback. This party is the perfect chance to come meet the team and have some fun. Call or text coach April at (859)250-9281 if you are interested in joining the team or coming to have some fun at the Halloween Party!



Horse Sense

We are a horse enthusiasts club that discuss horse-related educational topics. You do not need a horse in order to join.

Tuesday, October 14th, 6:30 - 7:30 PM

📍 Boone County Extension Office

Questions? Contact Ashley at ashley.englandhuff@gmail.com.

Horse Educational Hours

Introduction to Mustangs and Trailer Loading

Instructors: Mike and April Cassedy

Wednesday, October 29, 2025 | 6-8 p.m.

Location: Johnny Walker - 5276 Bullittsville Rd,
Burlington, KY 41005

Generic/Horse Handling/Safety

Instructor: Ashley England-Huff

Sunday, November 16, 2025 | 1-3 p.m.

Location: Little Britan - 5309 Idlewild Rd,
Burlington, KY 41005

Treats and Stockings

Instructors: Sarah Cecil and Laura Kirby

Monday, December 1, 2025 | 6-8 p.m.

Location: Boone County Enrichment Center

Hippology Information/Basic Knowledge

Instructor: Madyson Munninghoff

Saturday, January 10, 2026 | 10-12 a.m.

Location: Boone County Enrichment Center

Breeds and Judging

Saturday, February 7, 2026 | 10 a.m.-12 p.m.

Location: Boone County Enrichment Center

Miniature Horse

Instructor: Ashley England-Huff

Sunday, April 26, 2026 | 2-4 p.m.

Location: TBD

Maze Challenge

Can you help the spider get to the spider web?



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Sunday, November 16, 2025 | 1-3 PM

📍 Little Britan - 5309 Idlewild Rd,
Burlington, KY 41005

Livestock Educational Hours

Wednesday, October 22, 2025 | 5:30 - 7:30 PM

📍 Boone County Extension Office

Maze Challenge

Can you help the spider get to the spider web?



KID APPROVED RECIPE



Perfect Pumpkin Pancakes

Ingredients:

- 2 cups flour
- 2 tablespoons brown sugar
- 1 tablespoon baking powder
- 1 1/4 teaspoons pumpkin pie spice
- 1 teaspoon salt
- 1 egg
- 1/2 cup canned pumpkin
- 1 3/4 cup milk, low-fat
- 2 tablespoons vegetable oil

Directions:

1. In a large mixing bowl, combine flour, brown sugar, baking powder, pumpkin pie spice and salt.
2. In a medium bowl, combine egg, canned pumpkin, milk, and vegetable oil, mixing well.
3. Add wet ingredients to flour mixture, stirring just until moist. Batter may be lumpy. For thinner batter, add more milk.
4. Lightly coat a griddle or skillet with cooking spray and heat to medium.
5. Drop batter mixture onto the prepared griddle by heaping tablespoon. Cook until golden brown, turning once with a spatula when the surface begins to bubble. Continue cooking until the other side is golden brown. Repeat process, making 12 pancakes.



Nutrition Facts Per Serving: 130 calories; 3.5g total fat; 0.5g saturated fat; 340mg sodium; 21g carbohydrate; 1g fiber; 4g protein.

Source: What's Cooking? USDA Mixing Bowl, www.whatscooking.fns.usda.gov: Chop Chop Family Magazine 2015

Dance Fitness

Get ready to move, groove, and have a blast in our Dance Fitness class!

This high-energy class is all about having fun, dancing to great music, and staying active with friends. No dance experience required, just bring your enthusiasm and get ready to enjoy the beat! Parents or adult guardians are welcome to join!



Boone County Extension Florence
7111 Dixie Highway, Florence KY 41042



TUESDAYS, 6:30 - 7:30 PM

October 14, 2025
November 11, 2025
February 10, 2026
March 10, 2026
April 14, 2026



Register online at boone.ca.uky.edu
Questions? Email Laila.El-Amin@uky.edu

OCTOBER WORD SEARCH

OCTOBER
FALL
AUTUMN

HALLOWEEN
ACORN
APPLES

CHILLY
HARVEST
MOON

HAYRIDE
LEAVES
PUMPKIN

O	L	A	U	D	J	P	A	Y	A	H	Q	K	M	H
P	C	R	U	D	V	S	M	P	Y	C	V	Y	O	A
U	H	T	H	T	M	K	O	A	P	W	K	P	O	L
M	R	I	O	A	U	E	C	M	R	L	P	R	N	L
P	J	C	G	B	Y	M	V	G	P	B	E	Z	S	O
K	V	P	X	Q	E	R	N	T	N	R	D	S	P	W
I	S	P	A	G	D	R	I	M	F	J	J	Z	L	E
N	H	F	F	L	G	B	C	D	W	V	Z	S	R	E
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Z	Z	Q	D	Y	L	U	Q	W	G	C	O	K	Q	E
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D	R	C	H	I	L	L	Y	U	Z	Z	T	B	S	Z
O	X	O	L	V	Y	Q	B	I	S	J	E	Q	T	U
H	A	R	V	E	S	T	U	B	O	Y	S	Z	L	C
W	B	N	C	Z	F	N	I	M	N	I	H	X	M	L



Boone Co. 4-H shines at KY State Fair!



BOONE COUNTY 4-H

Sharpshooters

OPEN HOUSE

Don't miss this great opportunity to see what the Boone County 4-H Sharpshooters are all about!

During the Open House, you can:

-  Try your hand at archery
-  Meet our trained and certified coaches
-  Chat with current club members
-  Learn more about our club



4-H IS FOR AGES 9-18



Thursday, December 4, 2025



5:00 - 7:00 PM, Stop in anytime



Boone County Extension, Florence
7111 Dixie Highway
Florence KY 41042



Register by contacting Debra Feitl:
bc4hsharpshooter@gmail.com

Boone County 4-H Clubs 2025-2026

These clubs make their own decisions regarding their meetings—when they meet, how often they meet, etc. Please be aware that some clubs have restrictions on the age of participants, limits on how many can participate, and when you can join the club.

Cloverbud Clubs (ages 5-8 years old)

CLUB NAME	LEADERS	CONTACT INFO:	NOTES:
Lego Club	Jessica Leitch	lego.cloverbud@gmail.com	Build fine motor skills with Legos.
Lil' Buds	Laila El-Amin & Maria Parker	laila.el-amin@uky.edu maria.parker@uky.edu	Introduction to 4-H through crafts and educational activities.

4-H Clubs (ages 9-18 years old)

Country Ham	Cathy Fellows	cathy.fellows@uky.edu	Explore processes of curing meats and build public speaking skills.
Disc Golf	Jason Brown	js.brown@uky.edu	Learn how to play disc golf.
Elite Drill Team	April Cassedy	859-250-9281	A group of riders learning to perform choreographed maneuvers to music. Must have a horse
Equus Riders	Angel DeVroomen	859-384-7165	Rides mainly hunt seat. We have a great group of horse enthusiasts & have lots of fun together! Must have a horse
Floral Design Club	Marea West	mareawest@fuse.net	Learn how to arrange flowers, how to grow your own flower garden & gain a skill for life.
Hobby Horse	Sarah Cecil	scecil4@gmail.com	Participate in Hobby Horse related crafts and practicing riding skills.
Hops & Flops Rabbit Club	Lindsay Callahan	lcallahan09@mail.wou.edu	Discover all about rabbits.
Horse Sense Club	Ashley England-Huff	859-393-7501 or ashley.englandhuff@gmail.com	We will have a horse-related education topic and craft.
Jr. Master Naturalist	Laila El-Amin	laila.el-amin@uky.edu	We explore soil, birds, bugs, water, mammals, geology, wildflowers, and trees through fun activities.
Kreative Kids Club	Sandy Nguyen	bc4hkreativekids@gmail.com	We explore various arts and crafts.
Let's Get Cooking	Lisa Casteel	lisa.casteel@uky.edu	Cooking, knife skills, easy meals & more!
Livestock Club	Laila El-Amin	laila.el-amin@uky.edu	Teaches 4-Hers about properly exhibiting and raising various livestock species. Must have livestock
Livestock Judging	Becky Kohorst	becky.kohorst@gmail.com	Build skills to evaluate and select livestock based on breed standards and qualities.
Livestock Skillathon Team	Serenity Kearns	skearns.sk@gmail.com	Team competes to show their expertise in various aspects of livestock production and management.
Paws & Claws Cat Club	Sandy Nguyen	bc4hcatclub@gmail.com	Learn all about cats.
Roller Skate Club	Richelle Davis	richelle.davis@uky.edu	Learn roller skating through drills, education, and fun!
Sew Unique Design Club	Debra Feitl	4hdesignclub@gmail.com	Beginner sewing and pattern making
Sharp Shooters	Debra Feitl	bc4hsharpshooter@gmail.com	Guns & bows provided
Teen Club	Cathy Fellows	cathy.fellows@uky.edu	Middle/High school aged youth learn leadership and civic engagement while having fun.
Young Guns Drill Team	Joyce Voet	859-630-4566	A group of riders performing choreographed maneuvers to music. Must have a horse

Boone County 4-H Youth Development
Education Agents

LAILA EL-AMIN
Laila.El-Amin@uky.edu

CATHY FELLOWS
Cathy.Fellows@uky.edu

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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